



TAYLORED 4 LIFE WELLNESS

Fitness & Health Promotion

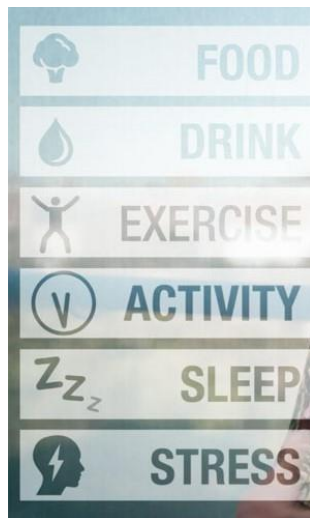
Tel: (240) 462-7983 www.taylor4lifewellness.com

Want to Stay "Healthy & Well" and not worry about illness... Call Now!

Weight Loss

Stress Reduction

Nutrition Planning



Disease Prevention



"MicroFit is a central tool that literally supports everything we do in our office. It provides vital objective measurement and graphical reports that truly impact our patients and create a desire for improvement."



"Our system detected an extremely high blood pressure reading for one of our lieutenants. Our staff advised him to see his doctor, and heart bypass surgery was performed three days later. Early detection with MicroFit spared this officer's life."

Boost Energy

Life Coaching

Taylor4 Life's State of the Art Health Fitness Wellness Evaluations Measure and Assess: Lifestyle Choices, Blood Pressure, Heart Rate, Body-Composition, Aerobic Fitness, Strength, and Flexibility.

For Appointment Call: **240 462-7983** or email: info@taylor4lifewellness.com
1450 Mercantile Ln, Suite 205, Largo, MD 20774

Get a 30-minute free Coaching session with your first appointment.

