



TAYLORED 4 LIFE, INC.

Helping People Live Healthier with Passion and Purpose!

OVERVIEW:

- Top Secret/SCI Clearance
- TAX ID: 52-2109450
- DUNS: 118107881

CERTIFICATIONS:

- Service-Disabled Veteran-Owned Small Business (SDVOSB)
- Military Fitness Leader
- Command Fitness Coordinator
- Certified Health and Wellness Coach
- Lifestyle Coach
- John Maxwell Coach, Speaker, Training

NAICS CODES:

561990 - All Other Support Services

611430 - Professional and Management Development Training

611620 - Sports and Recreation Instruction

611710 - Educational Support Services

CONTACT US:

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1450 Mercantile Ln.
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WHO WE ARE:

Mission: Facilitating Healthy Lifestyles and Chronic Disease Prevention.

Philosophy: Focused on maximizing education, self-leadership and communication with individuals and employees on important topics of Nutrition, Exercise, Stress, Wellness Coaching, Weight Management, Diabetes, Smoking Cessation, and other preventive care measures in an informative and sustaining way.

We create comprehensive programs that combine our expertise in Health & Wellness, with class-leading health services, fitness and nutrition, chronic condition management, lifestyle intervention, and more.

CORE CAPABILITIES:

- Health and Wellness Coaching
- Chronic Disease Management
- Diabetes Prevention & Management
- Medicare Diabetes Prevention
- Health Risk Assessment, Workshops,
- Wellness Consulting
- Fitness Training
- Nutrition and Food as Medicine Services
- Weight Management
- Lifestyle Medicine
- Health and Wellness App
- Motivation interviewing (MI)
- Planning & Requirements

CLIENTS SERVED:

